



JCAF उड़ान

Jain Chartered Accountants Federation

* सामाजिक एकता * संस्कार * सेवा * शिक्षा * संपर्क * समृद्धि

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OCTOBER 2026

Celebrating Young Achievers, Honouring New Beginnings



6 September 2026 | Skyforest, Prabhadevi, Mumbai

The Midtown Mumbai Chapter of the Jain Chartered Accountants Federation organised a Felicitation Ceremony for newly qualified Jain professionals on Sunday, 6th September 2026 at Skyforest, Prabhadevi, Mumbai.

The event was held in the auspicious Nishra of JIO JITO Prerak Param Pujya Acharya Shri Naypadmasagar Surishwarji Maharaj Sahebji. As part of the Jain Jagran Shibir, Pujya Gurudev blessed the gathering and delivered a thought-provoking pravachan on the importance of family values.

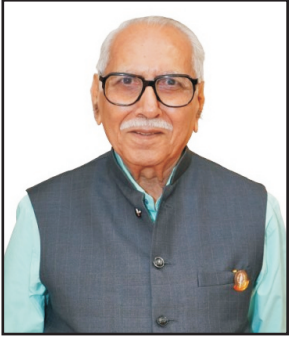
Organised jointly with the Jain Doctors Federation, Jain Advocates Federation and Jain Company Secretary Federation, the ceremony celebrated the achievements of more than 200 young Jain professionals who cleared their final examinations in 2025 and 2026. The gathering included more than 150 Chartered Accountants, along with Company Secretaries, Advocates and Doctors.

Each felicittee received a personalised trophy featuring their name and photograph, along with a Parker pen abhimantrit by Pujya Gurudev, making the recognition a memorable milestone in their professional journey.

The gathering also introduced young professionals to JCAF's ongoing initiatives, including JPL and its matrimony initiative, while encouraging them to become members of the Federation and actively participate in its activities.

The Chapter expressed its gratitude to the JCAF Apex Team — CA Shantilal Kochar, CA Amrit Porwal, CA Pradeep Kapadia, CA Punit Mehta and CA Vidhyut Jain — for their support and presence. The event was also graced by office bearers and representatives of JAF, JDF and JCSF, including Dr. Bharat Parmar, Dr. Shantilal Jain, Advocate Gautam Mehta, Advocate Ramesh Chheda, CS Amrut Parakh and CS Pankit Morakhia.

Paryushan : A Journey Within, A Heart Full of Gratitude



My Dear JCAF Family,

As another Paryushan Parv comes to a close, I find myself pausing, not merely to look back at the year gone by, but to look within.

Paryushan teaches us something profoundly simple yet deeply powerful: the journey towards becoming better begins with the courage to accept our

own imperfections. The spirit of Kshama reminds us that relationships are more precious than differences, and that a lighter heart is the greatest gift we can give ourselves.

“The journey towards becoming better begins with the courage to accept our own imperfections.”

This Paryushan, I was deeply touched by the devotion of our JCAF members who undertook various forms of Tapasya and other acts of spiritual discipline. Their dedication is a beautiful reminder of the strength that lies in faith, perseverance and self discipline.

Looking back at my tenure as President, my heart is filled with gratitude. Serving JCAF has been a privilege, but more importantly, it has been an emotional and enriching journey made meaningful by the affection, trust and support of so many members.

“Serving JCAF has been a privilege. The affection, trust and support of its members have made the journey truly meaningful.”

Yet, no journey is without imperfections.

There may have been moments when my words, decisions, actions or even my silence may have hurt someone or caused disappointment. If I have knowingly or unknowingly hurt the feelings of any member, I sincerely seek forgiveness from the depths of my heart.

For me, JCAF has never been merely an organisation. It is a family, built on relationships, friendship, trust and a shared vision. I would never want any difference of opinion or momentary misunderstanding to become a lasting distance between us.

“JCAF is not merely an organisation. It is a family built on relationships, friendship, trust and a shared vision.”

On this sacred occasion, I humbly bow before my entire JCAF family and say:

मन, वचन और काया से, जाने अनजाने में हुई मेरी सभी भूलों के लिए मुझे क्षमा करें।

I also extend my heartfelt forgiveness to everyone, with no grievance and no bitterness in my heart.

May the spirit of Paryushan continue to guide us, not only during these sacred days, but throughout the year.

मिच्छामि दुःखदम्

CA Shantilal Kochar

Apex President

Jain Chartered Accountants Federation



परम पुज्य गुरुदेव आचार्य श्री नयनवासगर
सुरेश्वरजी महाराज साहेब



विदुषी आर्या मयणा श्री जी महाराज साहेब

जैन इंटरनेशनल ऑर्गनाइजेशन (जियो), जैन इंटरनेशनल ट्रेड ऑर्गनाइजेशन, जैन चार्टर्ड अकाउंटेंट्स फेडरेशन, जैन डॉक्टर्स फेडरेशन, जैन एडवोकेट्स फेडरेशन और अन्य संगठनों के संस्थापक।

JCAF is a networking platform for Jain Chartered Accountants wherein you can connect to young, experienced and skilled CAs in profession/industry. We have events going on every month hosted by various chapters in Mumbai and across India. JCAF is a family of 15 chapters across India. Networking is the key benefit ! Lifetime Membership fees is Rs. 11,000/- + 18% GST. Login to our Website : www.jcaf.in to become a JCAF Life Member.

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We're now live on social media!

Follow our **NEW** official pages of JCAF to stay updated on our latest events, initiatives, and community impact. Let's connect and grow together.

 Instagram: <https://tinyurl.com/InstagramJCAF>

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 LinkedIn Page: <https://tinyurl.com/LinkedInPageJCAF>

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Benefit for Founder Chief Patron Members

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2. In the Governing Board Members up to 10% members will be from Founder Chief Patron
3. Special seating arrangement in Big Event, Meeting and Program
4. Special meeting events will be organized for FCP members only (once in a year)
5. Voting Right in the AGM

Benefit for Chief Patron Members

1. In the Advisory Board 20% members will be appointed from Chief Parton
2. In the Governing Board Members up to 10% members will be from Chief Patron
3. Special Seating arrangement in Big Event, Meeting and Program
4. Special meeting / events will be organized for Chief Petron members only (once in a year)
5. Voting Right in the AGM

To know more and become JCAF Patron Member, please connect with CA. Vidhyut Jain, Treasurer: 9892414386

Beyond Business Cards : Connecting Chapters, Creating Opportunities



21 August 2026 | BCAS Hall, Mumbai

JCAF South Mumbai Chapter hosted an Interchapter WhizConnect Meeting with the WhizConnect North West Chapter on 21st August 2026 at BCAS Hall, Mumbai, bringing together around 50–60 members, including participants from Pune, Nagpur and Vashi.

The meeting created a vibrant platform for professional networking, knowledge sharing, business collaboration and member introductions, with participants sharing their professional journeys and success stories.

CA Rahul Sanghvi of South Mumbai, a mutual fund professional, shared insights on aligning investments with life goals, while CA Rishabh Jain of North West Chapter offered practical perspectives from his area of expertise in due diligence.

Guest speaker CA Premal Gandhi spoke on scaling CA practices through structured networking, offering valuable takeaways for members looking to build stronger professional networks.

The programme was sponsored by AU Small Finance Bank and supported by WhizConnect Apex Chairman CA Amit Jain and Vice Chairman CA Rovin Kothari.

The initiative received the support of JCAF South Mumbai President CA Mitesh Doshi and his committee. The programme was coordinated by CA Aditya Jain, Convenor, WhizConnect, South Mumbai, and CA Prachi Jain, Convenor, WhizConnect, North West.

The meeting concluded with an informal networking breakfast, giving members an opportunity to strengthen connections beyond the formal sessions.

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Celebrating Young Achievers, Honouring New Beginnings

The event was coordinated by JCAF Midtown Committee members CA Mrinal Mehta, CA Bhavik Kothari, CA Darshan Jain, CA Abhay Sakaria, CA Jitesh Jain, CA Sanam Jain and CA Akriti Jain.

The ceremony celebrated not only professional achievement but also the importance of values, community and connection as a new generation of Jain professionals begins its journey.



Invitation to Contribute Articles – JCAF उड़ान

The JCAF Journal – “JCAF उड़ान” invites original articles from members and subject-matter experts who have a passion for research and writing. Share your knowledge through our monthly journal in English or Hindi.

Suggested Topics include :

Auditing, Finance, Laws, Strategy, Taxation, Technology, Artificial Intelligence (AI), Sustainability, Ethics, Financial Reporting, Jain Religion (Jainism), Bodh Kathaye Other relevant professional or value-based subjects

Submission Guidelines :

- Maximum length: 1,500 words
- Articles must be original and unpublished
- Content should align with editorial standards
- All selected articles will undergo a plagiarism check as per the Journal policy

Required Attachments :

Author photograph & Editable soft copy of the article

Email your articles to: news.jcaf@gmail.com

JCAF NAVI MUMBAI CHAPTER



Planning Beyond Today: Will, Nomination & Family Arrangemen

23 August 2026 | Sadhna Bhawan, Panvel

JCAF Navi Mumbai Chapter organised a milestone event on the highly relevant topic “Will, Nomination & Family Arrangement”, in association with Shri Vardhman Sthanakwasi Jain Shravak Sang (Mewad), Panvel Upsangh, and Mewad Sthanakwasi Seva Sansthan, Panvel.

The session was delivered by distinguished speaker CA Vimal Punamiya Ji, under the guidance and blessings of Mahasati Sudhakawar Ji M.S.

The programme commenced with an inspiring Pravachan by Mahasati Sudhakawar Ji M.S., followed by a thought provoking discourse by Sadhvi Suyasha Sh. Ji M.S. on the subject “Mithya.”

JCAF Navi Mumbai General Secretary Shri Manoj Bafna formally welcomed CA Vimal Punamiya Ji and the gathering of Shravaks and Shravikas. Joint Secretary Shri Apurva Dangi introduced the speaker and invited him to address the gathering.

CA Vimal Punamiya Ji explained the complex subject of Will, Nomination and Family Arrangement in a simple and practical manner, using relatable real life examples. His legal and financial insights highlighted considerations that are relevant to families, while his ability to simplify the subject kept the audience engaged throughout the session.

As a token of gratitude, the JCAF Navi Mumbai team along with the Panvel Sangh felicitated CA Vimal Punamiya Ji with a memento.

The programme concluded with a heartfelt vote of thanks by JCAF Navi Mumbai President Shri Dharmendra Srimal, followed by breakfast for all attendees.

The event witnessed enthusiastic participation from more than 300 people, including JCAF Committee Members, Life Members and members of the Jain community.

The successful execution of the programme was supported by the dedicated efforts of CA Mahendra Jain, Apurva Dangi, Pragya Jain, Nishant Jain, the entire JCAF Core Committee and the Panvel Upsangh Committee, whose commitment and teamwork contributed to the success of the event.



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JAIN CHARTERED ACCOUNTANTS FEDERATION



ACHARYA SHRI NAV PADMA
SAGAR SURISHWARJI M.S.



VIDHUSHI ARYA
MAYNA SHRIJI M.S.



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Jain Chartered Accountants Federation (JCAF)



**Building Relationships
Based on Values,
Trust and Community.**



**JAIN COMMUNITY.
JAIN VALUES.
LIFELONG BONDS.**

AI@JCAF PUNE : DIGITAL LEARNING SERIES

JCAF's AI initiatives are creating a practical learning journey that goes beyond awareness, helping members explore AI tools, build new capabilities and apply them meaningfully in professional and everyday life.

AI for ITR Season: Work Smarter, File Faster

19 August 2026

A practical session focused on leveraging AI and automation during the ITR and audit filing season. Members explored relevant AI tools, client reminder automation, AI assisted matching and analysis, and extracting meaningful insights from bank statements through live demonstrations.

Unlocking AI: From Curiosity to Capability

26 August 2026

The session introduced AI through a simple and engaging framework: AI can Listen, See, Think and Create. Practical demonstrations showcased how Chartered Accountants in industry and practice can integrate AI into their day to day professional workflows. Quizzes and interactive games made the learning experience more engaging and experiential.

AI Prompt Like a Pro

2 September 2026

A focused session on prompt engineering demonstrated how the quality and structure of prompts can significantly improve the accuracy, relevance and depth of AI generated outputs. Participants were introduced to practical prompting techniques that could be immediately applied in their professional work.

The session was conducted by CA Ashwariya Mehta a learned and accomplished spoken abd organised by JCAF Pune Chapter

Bhakti with Guitar : When Jain Bhakti Found a New Voice



4 September 2026 | Kalikund Mandir, 11th Khetwadi, Mumbai

JCAF South Mumbai Chapter organised “Bhakti Sandhya – Unplugged Bhakti with Guitar” on 4th September 2026 at Kalikund Mandir, 11th Khetwadi. The evening brought together more than 180 people for a unique celebration of Jain bhakti through music.

The programme presented Jain devotional music in a distinctive unplugged format, combining the spiritual essence of bhakti with the soulful sound of an acoustic guitar. The contemporary presentation received an enthusiastic response from the gathering, creating an atmosphere that was both devotional and engaging.

A special highlight was the Kalikund Parivaar, the team behind the bhakti presentation. The group comprised at least 15 young men in their twenties who came together to present the devotional programme. Their energy, enthusiasm and musical talent brought a youthful dimension to Jain bhakti while retaining its spiritual character.

JCAF South Mumbai Chapter also had the spiritual privilege of taking labh of the Aarti at the sacred premises of Kalikund Mandir. The opportunity to participate in the Aarti added a deeper devotional dimension to the evening.

With more than 180 attendees, the programme reflected the community's enthusiasm for contemporary ways of experiencing Jain bhakti. The combination of young performers, unplugged music and devotional content created an experience that was distinct from a conventional bhakti programme.

Bhakti Sandhya emerged as a meaningful initiative that brought together Jain spirituality, music and the younger generation in a format that was contemporary yet deeply rooted in devotion.

8 Days 8 Derasar One Chapter One Bhavna : Samuhik Darshan & Vandana



Paryushan Parva | JCAF South Mumbai Chapter

During the auspicious Paryushan Parva, JCAF South Mumbai Chapter organised a unique initiative, “Samuhik Darshan & Vandana – 8 Days 8 Derasar One Chapter One Bhavna,” bringing members together in a spirit of devotion, unity and fellowship.

For eight consecutive evenings, members gathered at 9:00 PM after Pratikraman and collectively visited a different Derasar across South Mumbai. The initiative offered members an opportunity to seek Darshan and Vandana, reflect upon the teachings of the Tirthankaras and experience the spirit of Paryushan through collective participation.

The eight-day spiritual journey covered Derasars at Gwalior Tank, Bora Bazaar, Kalbadevi/Godji Mandir, Kalikund Mandir, Walkeshwar, Chowpatty/Babulnath, Byculla and Pydhonie.

The initiative received an encouraging response, with an average of around 35 members participating each day. Beyond religious observance, the daily gatherings created opportunities for members to connect, strengthen friendships and experience the festival collectively.

The programme also reflected the core Jain values of Ahimsa, Satya, Anekant and Aparigraha, allowing members to come together in reflection and spiritual practice during these sacred days.

The eight-day journey became a shared experience of devotion, fellowship and togetherness, reflecting the spirit of the JCAF family.

JCAF South Mumbai Chapter continues to encourage initiatives that bring members closer through faith, community participation and shared values.

JCAF FemFusion : Learn, Connect & Grow Together

By CA Barkha Kothari, Chairperson, JCAF Women Empowerment Committee

A strong professional community is built not merely through membership, but through opportunities to learn, connect, collaborate and grow together. With this vision, JCAF FemFusion continues to create initiatives that add meaningful value to the professional journey of women Chartered Accountants.

Timely Knowledge for the Audit Season

With Tax Audit season being a critical period for professionals, JCAF FemFusion organised a focused knowledge session on “Critical Issues & Important Clauses in Tax Audit” on 4th September 2026.

The session was conducted by CA Pooja Jain and covered important clauses, practical issues, reporting requirements and areas requiring professional judgement in Tax Audit. The objective was to move beyond theoretical understanding and address practical challenges faced by professionals while handling audit assignments.

Conducted online through Zoom, the session provided members with an opportunity to learn, discuss and clarify issues relevant to their ongoing professional work.

Taking the Connection Forward: Surat

Knowledge builds capability, while meaningful connections create opportunities. Continuing this journey, JCAF FemFusion is organising its National Network Connect Meet in Surat under the theme “Unite Elevate Scale” on 10th and 11th October 2026.

The initiative aims to bring women Chartered Accountants together to introduce themselves, share their professional journeys, exchange ideas and develop meaningful professional relationships. Women members of JCAF are encouraged to register and be part of this networking initiative.

Building a Community That Grows Together

At FemFusion, every initiative has a larger purpose: to create an ecosystem where members can learn from one another, connect meaningfully and grow collectively.

The spirit of JCAF FemFusion lies in bringing women Chartered Accountants together and creating an environment where individual growth contributes to collective growth.

Bhairav Bhakti Sandhya : An Evening of Devotion, Austerity & Seva



6 September 2026 | Shri Mahavir Swami Jain Mandir, Chakala

Ahead of Paryushan, JCAF Mid-West organised a soulful Bhairav Bhakti Sandhya at Shri Mahavir Swami Jain Mandir, Chakala, bringing members and devotees together in an evening of devotion and spiritual reflection.

The Shri Nakoda Bhairav Mandal, Chakala presented devotional bhajans and compositions, creating an atmosphere of deep bhakti. The programme was further enriched by the inspiring presence and participation of Siddhi Tap and Nigod Tap ascetics.

Welcoming the gathering, CA Deepti Jain, President, JCAF Mid-West, introduced JCAF and highlighted its various professional and social initiatives.

The programme was attended by JCAF Mid-West Vice Presidents CA Ketan Jain and CA Devang Ambavi, Joint Secretary Mohit Jain, Treasurer Piyush Jain, Joint Treasurer Nilesh Jain, and committee members CA Sejal Doshi, CA Parag Jain and CA Shripal Kawad, along with their families.

The evening concluded with Bhairav Aarti, bringing the gathering together in a shared spirit of devotion.

CA Hitesh Talesara, General Secretary, expressed gratitude to the ascetics, guests, devotees, committee members and supporters for making the evening meaningful, while encouraging continued participation in JCAF initiatives through Punya SIP.

The evening beautifully reflected JCAF Mid-West's commitment to bringing together devotion, austerity, service and social responsibility.



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JAIN CHARTERED ACCOUNTANTS FEDERATION



PUNYA
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- Just like a financial SIP secures your wealth over time, Punya SIP by JCAF helps build your karmic wealth through consistent, mindful giving — rooted in timeless Jain values.
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- ☞ Vidhya Daan - Education for children
- ☞ Anna Daan - Jain food for the needy
- ☞ Jirnodhar Daan - Preserve Jain heritage
- ☞ Anukampa Daan - Care for orphans and elderly



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Donations to JCAF are eligible for 80G tax exemption and CSR under Section 135

हर महिना, एक पुण्य

JCAF Blood Donation Drives : A Continuing Commitment to Serve

Jain Chartered Accountants Federation continues to translate its values of Seva, Compassion and Social Responsibility into meaningful action. During the period covered, JCAF successfully organised eight Blood Donation Drives, from the 150th to the 157th, across Mumbai and surrounding areas, collecting an impressive 798 units of blood.

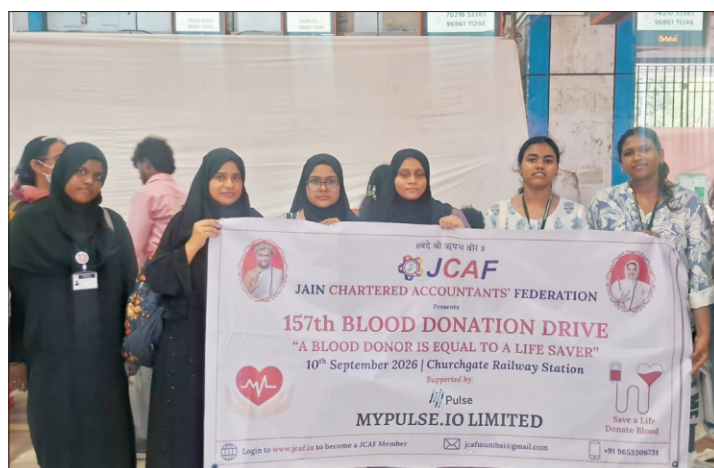
The camps were conducted in association with various Government Blood Banks, with active support from NSS students from participating institutions. JCAF members, sponsors and volunteers also played an important role in encouraging donors and ensuring the smooth conduct of each drive.

Blood Donation Drives at a Glance

Camp	Date	Venue	Sponsor	Blood Bank	Units
150th	21 Aug	Vartak College, Vasai	Smt. Savita Dilip Choudhary & Family	Nair Hospital & NSS	96
151st	25 Aug	Pillai College, Panvel	JCAF	Nair Hospital & NSS	343
152nd	27 Aug	Churchgate Railway Station	MGB Advisors P. Ltd.	Jagjivanram Hospital & NSS	74
153rd	3 Sep	Nalasopara Railway Station	MGB Advisors P. Ltd.	Jagjivanram Hospital & NSS	77
154th	3 Sep	Air Force Quarters, Sion	JCAF	Sion Hospital & NSS	60
155th	8 Sep	CSMT Railway Station	MyPulse.io Ltd.	Sion Hospital & NSS	55
156th	8 Sep	Mohane Road, Shahad	JCAF	Sion Hospital & NSS	41
157th	10 Sep	Churchgate Railway Station	MyPulse.io Ltd.	Sion Hospital & NSS	57
				Total	803



JCAF Blood Donation Drives : A Continuing Commitment to Serve



Leading the Mission of Seva

A special word of appreciation goes to CA Vidhyut Jain, Treasurer, JCAF Apex, for consistently coordinating the initiative with blood banks, institutions, sponsors and participating agencies, and for leading the activity on behalf of JCAF.

JCAF expresses its sincere gratitude to all blood donors, NSS students, medical teams, sponsors, volunteers and

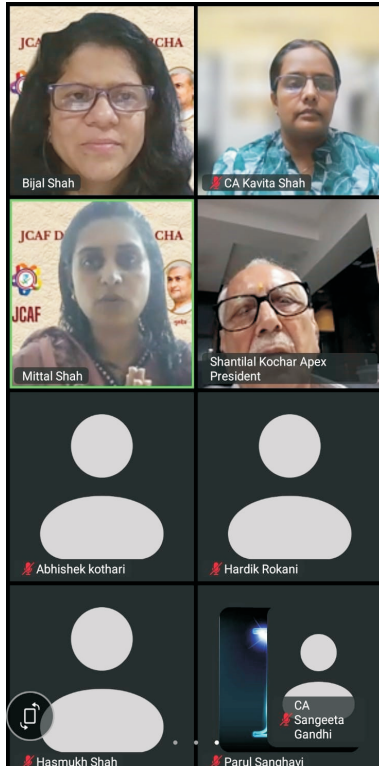
JCAF members for their valuable contribution. Their collective efforts demonstrate how a simple act of giving can become a lifeline for someone in need.

Donate Blood. It Cannot Be Manufactured.

**जो खुद गिर के संभले हो
वो किसी को धक्का नहीं देते..!**

Paryushan Series 2026 : A Journey of Reflection, Awareness & Transformation

Session 1 | The Essence of Paryushan and Sankalp 7 September 2026 | CA Kavita Shah



The first session of the Paryushan Series, led by CA Kavita Shah, invited participants to reflect on the deeper purpose of observing Paryushan. Through an interactive discussion, she explored the idea of turning inward and connecting with the soul, emphasising that Paryushan is not merely about following traditions but about self reflection, awareness and overcoming carelessness.

The session examined the importance of responding mindfully rather than acting impulsively, drawing inspiration from the composure and equanimity of Mahavir Swami. Participants were encouraged to reflect on what they wished to leave behind and to look beyond the physical body towards a deeper understanding of the self.

CA Kavita also explored the nature of thoughts, the mind and the atma, and discussed how emotions such as anger and pride influence reactions. Participants reflected on their actions, intentions and their impact on themselves and others, while also exploring the importance of self forgiveness.

The session included a guided breathing and meditation exercise using the Nagar Mantra. CA Kavita introduced the concept of Pratikraman as a practice of self examination and emphasised that it can become a daily discipline rather than something limited to the eight days of Paryushan.

Session 2 | Pratikraman & Jain Psychology

9 September 2026 | Dr. Parul Sanghvi

The second session, led by Dr. Parul Sanghvi, explored the connection between Pratikraman and psychological patterns. The discussion focused on understanding recurring behaviours and emotional responses by identifying the underlying triggers and conditions rather than looking at individual incidents in isolation.

Dr. Parul explained how self observation and inner audit can help individuals understand the alignment between their external actions and internal intentions. The session examined the role of kashayas, including anger, ego, deceit and greed, and how awareness can help transform unconscious reactions into conscious choices.

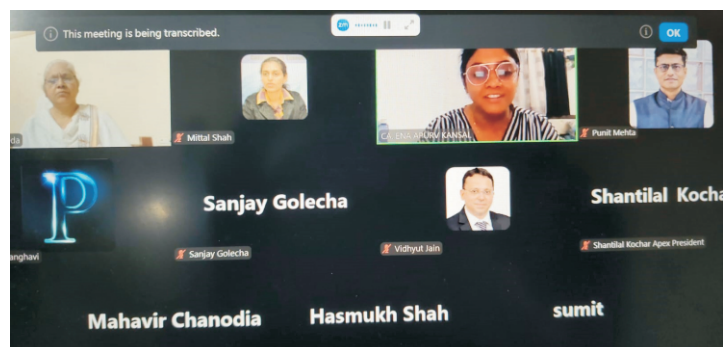
The discussion also explored recognition, responsibility and resolution as important stages of personal transformation. Dr. Parul highlighted that meaningful change requires the repeated practice of new behaviours and greater awareness of one's intentions and behavioural patterns.

The relevance of these principles to professional and corporate life was also discussed. The session highlighted how Pratikraman can encourage honesty, reduce defensiveness and support constructive personal change.



Session 3 | Science and Dharma

11 September 2026 | Ms. Shilpa Chheda



The third session explored the relationship between science, Dharma, spirituality and the search for truth.

The session began by examining the meaning of Dharma, derived from the root dhr, meaning that which holds, sustains, supports and guides. Dharma was presented as extending beyond religion to encompass duties, responsibilities, values, conduct and the path towards spiritual development. The discussion also touched upon Dharma Dravya, the Jain philosophical concept referring to the medium of motion.

The session emphasised that Dharma is not merely ritual. Practices such as Puja, Samayik and Pratikraman can serve as pathways towards discipline, concentration, meditation, knowledge and spiritual experience.

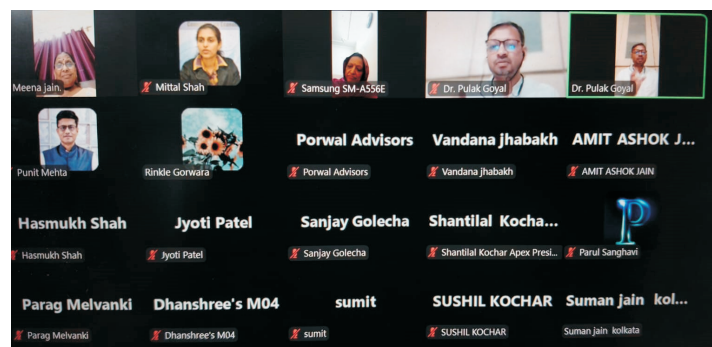
Science was explored as a systematic method based on observation, evidence and experimentation, primarily addressing the physical and observable world. Dharma, meanwhile, engages with metaphysical, spiritual and experiential dimensions of existence. Questions surrounding consciousness, the soul and subjective experiences illustrated the different dimensions addressed by the two approaches.

A key framework presented during the session was Body → Mind → Soul, representing the journey from disciplining the body and mind towards deeper awareness of the soul.

The session concluded with the perspective that science and Dharma can be viewed as complementary rather than contradictory, with science helping us understand the physical world while Dharma guides us towards meaningful living and deeper spiritual exploration.

Session 4 | Kshama

13 September 2026 | Dr. Pulak Goyal



The fourth session focused on Kshama, or forgiveness, and its broader significance in spiritual and personal life.

Dr. Goyal began with a welcome address in Prakrit and shared his academic journey and research contributions in translating Prakrit texts into Sanskrit and Hindi. The session explored the historical significance of Prakrit and Apabhramsh and their important role in Jain literature and the preservation of Jain values.

Drawing a parallel between professional and spiritual life, Dr. Goyal described the process of self examination as an internal audit. Just as an audit helps identify discrepancies and areas for correction, introspection enables individuals to recognise their shortcomings and work towards improvement.

The discussion highlighted Kshama as an important foundation for peace, harmony and meaningful relationships. Dr. Pulak Goyal also explored humility, grace and brotherhood, while discussing how ego can become a barrier to learning, adaptability and personal growth.

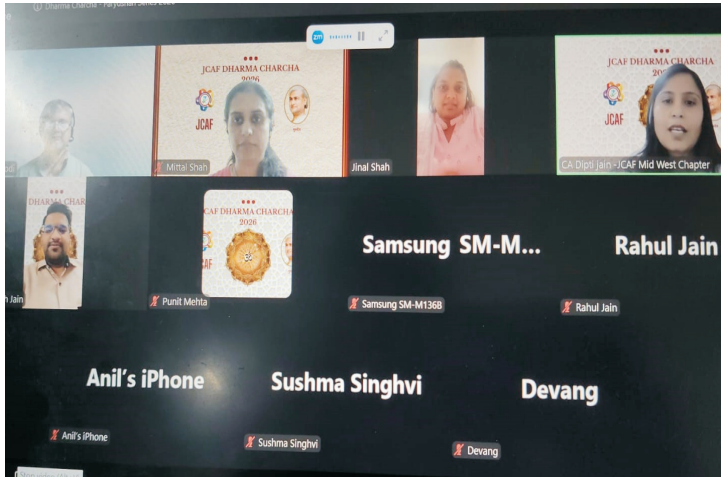
The session further examined anger, patience and tolerance, along with practices such as meditation, chanting and Tapa. The importance of intention, discipline and consistency in spiritual practice was emphasised.

The discussion also extended to practical aspects of life, including physical well being, responsible financial planning, loans and debts, reinforcing the broader message of maintaining awareness, balance and discipline in every sphere of life.

Paryushan Series 2026

Das Lakshana Dharma : Ten Attributes, One Path Within

17 September 2026 | Speaker : Shri Manish Modi



The fifth session of the Paryushan Series 2026 explored the Das Lakshanas, the ten essential attributes of Jainism: forgiveness, humility, straightforwardness, purity, truth, self control, austerity, detachment, celibacy and non attachment.

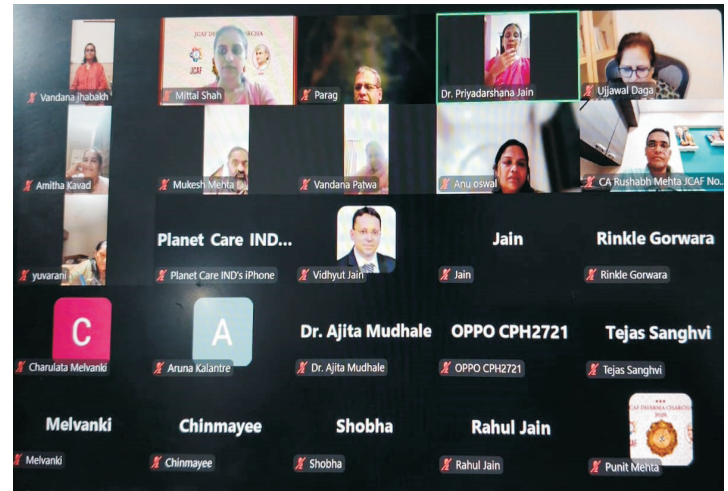
Shri Manishji explained each principle through practical examples and personal anecdotes, highlighting concepts such as Uttam Kshama, humility, Uttam Satya, Tapasya and Akinchana. He emphasised that these values are meant to be sincerely practised in everyday life rather than observed merely for show.

The session also focused on the role of these principles in spiritual growth and attaining Samyak Darshan. Addressing how the teachings can be incorporated into daily life, Manishji emphasised that keeping them simple and practical is the key to meaningful implementation.

TAP: Beyond Fasting, Towards Inner Transformation

**वक्त से हारा या जीता नहीं जाता,
वक्त से सिर्फ सिखा जाता है..!!**

19 September 2026 | Speaker: Dr. Priyadarshana Jain



The sixth session of the Paryushan Series 2026 focused on Tap, or austerity and penance, and its significance in Jain philosophy.

Dr. Priyadarshanaji explained how Tap can support the purification of the soul and spiritual growth through practices such as fasting and self discipline. She emphasised that true Tapasya requires inner discipline, the right motivation and a proper understanding of spiritual principles.

The session explored the relationship between desire, austerity and spiritual development, distinguishing genuine spiritual practice from ritualistic observance. Dr. Priyadarshanaji also discussed natural eating practices, the limitations of dairy products, and the importance of balancing physical discipline with inner development.

She highlighted the distinction between physical fasting and mental fasting, noting that meaningful spiritual practice involves both. Even simple practices such as daily meditation or intermittent fasting can contribute to developing mental and physical discipline.

The central message was that physical discipline alone cannot bring transformation. Correct understanding, right vision and realisation of reality are essential for spiritual progress and liberation.

अरणिक मुनि

अरणिक... भद्रा माता एवं दत्त पिता का इकलौता पुत्र.. माता एवं पिता लम्बे अरसे से दीक्षा भाव सेवन कर रहे हैं, लेकिन नन्हें अरणिक को कौन संमाले? एक दिन भगवान की वाणी सुनकर तुरंत निर्णय लिया। माता-पिता दोनों ने दीक्षा ले ली तथा पिता मुनि ने आरणिक को भी दीक्षा दी। बाल मुनि विद्याभ्यास करते हैं, लेकिन उनका सब व्यावहारिक कार्य पिता मुनि ही करते हैं। संधारा बिछाना या गोचरी लाकर वात्सल्यपूर्वक भोजन कराना वगैरह बालमुनि के सर्व कार्य मोहवश पिता मुनि करते जा रहे हैं। साथ के मुनि महाराज को बहुत समझाते हैं कि आहिस्ते, आहिस्ते बाल मुनि को उनके कार्य स्वयं करने दो। परंतु मुनि जिंदा रहे तब तक मोहवश अरणिक मुनि को कोई व्यावहारिक कार्य करने न दिया। कालानुसार पिता मुनि का स्वर्गवास हुआ। भिक्षा वगैरह के लिये अरणिक मुनि ने अन्य मुनियों के साथ जाना तय किया। और एक दिन गोचरी के लिए भरी दुपहरी में अन्य मुनियों के साथ वे निकल पड़े। ग्रीष्म का दिन.. कड़ी धूप.. नंगे पाँव चलते अरणिक मुनि के पैर जलने लगे। विश्राम के लिए वे एक मकान के झरोखे के नीचे छाया देखकर रुके। वहाँ सामने के झरोखे में खड़ी एक श्रीमंत मानुनि ने मुनि को देखा। सुहावनी और मस्त काया देखकर मानुनि मोहित हो गई, दासी को बुलाकर मुनि को ऊपर ले जाने को कहा। मुनि आये थके थे। कड़ी धूप में तपे हुए थे। 'ऐसा संयम भार उठा नहीं सकूंगा' - ऐसा मन ही मन सोच रहे थे कि ऐसी मदद मिली। स्त्रीने सुंदर मोदक का भोजन कराया और आवास में रहने तथा सर्व भोग भोगने के लिए मुनि को ललचाया। मुनि पिघल गये। मोह में फैस गये एवं दीक्षा का महाव्रत त्यागकर संसारी बन गये। अच्छा खान - पान एवं सुन्दरी का साथ... संसार भोगते भोगते कई दिन बीत गये। दीक्षा प्राप्त साध्वी माता को समाचार मिला कि अरणिक मुनि आचरण (दीक्षा) छोड़कर कहीं चले गये हैं। यह कुठाराघात माताजी सहन न कर सकीं। अरणिक को ढूँढने के लिए जगह जगह भटकने लगी। मार्ग में

पुकार उठी: 'मेरा अरणिक कहाँ गया?' "ओ अरणिक ! तू कहाँ है ? अरे अरणिक ! तुझे दीक्षा पर्याय से किसने छीना ? कहाँ है ? कहाँ है ?' वृद्ध साध्वी पुकार रही है और साध्वीओ पागल साध्वी समझकर लोगों की टोली उसके पीछे हुल्ला गुल्ला मचाती दौड़ रही है। अरणिक एक दिन तमाशा झरोखे से देखते हैं। माता की चीख पुकार सुनकर मन पिघलता है। मेरी माताजी की यह दशा ? मेरे लिए ? नीचे उतरकर माँ के चरणों में गिरते हैं और माता बिनति करती है : 'तूने यह क्या किया ? मेरी कोख लजाई ? दीक्षा छोड़ दी ? किसने तुझे ललचाया ?' अरणिक कहते हैं, 'माताजी ! दुष्कर... दुष्कर... मैं संयम पालन नहीं कर सकता।' माताजी खूब समझाती हैं कि संयम के बिना इस भव भ्रमणा में कोई भी छुड़ा सके ऐसा नहीं है। अरणिक एक शर्त पर पुनः संयम ग्रहण करने के लिए तैयार होते हैं, 'संयम लेकर तुरंत ही अनशन करके प्राणत्याग करूंगा।' यह शर्त माँ मान्य रखती है, कुछ भी हो, तू प्राण त्याग करेगा वह मुझे स्वीकार है, लेकिन इस प्रकार संसार भोगकर भवोभव तेरी आत्मा नीच गति प्राप्त करे - वह सहन नहीं होगा। माता पुत्र की शर्त से सहमत हुई। अरणिक पुनः दीक्षा ग्रहण करके दहकती हुई शिला पर सो गये, अनशन करके शरीर को गला दिया एवं कालक्रम से केवलज्ञान प्राप्त करके मोक्ष पधारें। माता यह जानकर आनंद पाती है। एक जीव को दुर्गति के राह पर था उसे केवलज्ञानी बनने के लिए बोध दिया, धन्य माता, धन्य मुनि अरणिक...!

सुख दुःख जो द्रव्य, काल,
भाव से उदित होकर आनेवाला हो,
इन्द्रादि भी बदलने के लिये शक्तिमान नहीं है।

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